

MICROBLADING PRE-CARE

The brow and area around the brows must be strong, healthy, and non-irritated.

For health and safety reasons, you may **NOT** have microblading done if you:

- are under the age of 18
- get Keloid scars
- are pregnant or breastfeeding
- are anemic/have low iron levels
- have been on Accutane within 1 year
- have irritation of the skin of any kind (blemishes, pimples, rash, psoriasis, eczema, rosacea, sunburn on the area of procedure)
- are on Retin-A or Retinols (be off 14 days before appointment, and avoid 30 days after procedure)
- are diabetic (consult your doctor)
- have HIV, Hepatitis or any other viral infections and/or diseases
- are undergoing chemotherapy (consult your doctor)
- have epilepsy
- have a pacemaker or major heart problems
- have had an Organ transplant
- you don't heal well and develop infections easily

If you are able to have the microblading procedure, please review the following to make sure you're properly prepared for your appointment:

- Do not tweeze/pick/wax/thread/perform electrolysis on your brows 1 week before the procedure
- Do not tan 2 weeks prior, as this will affect the outcome of the healed colour
- Do not drink **caffeine** less than 24 hours before
- Do not drink **alcohol** less than 24 hours before
- Do not take Advil, Aspirin, Niacin, Vitamin E and/or Ibuprofen (unless medically necessary) 48-72 hours prior to your procedure, as this thins the blood
- Extra strength **Tylenol** can be taken if you have low pain tolerance
- **Botox** should be done 1 month before or 2 weeks after the procedure
- Do not **exercise** the day of procedure, as this will open up the pores
- Please note that you will be more sensitive during your menstrual cycle, do not book your appointment during this time
- Immediately following your procedure, the microbladed area will appear to be darker, bolder in color, and more sharply defined. Over the next 2 days it will appear even darker and thicker as scabs begin to form. You must let the scabs naturally flake off bit by bit. It will take up to 14 days for scabbing to be over
- Do **NOT** get the area wet for too long or apply any kind of products for at least 2 weeks after
- Only apply provided aftercare products for the next 2 weeks
- NO **makeup** on the area for 2 weeks

- If you've had laser removal of previous work done by someone else, the treated area has now more scar tissue and can affect the outcome of the result; more treatments may be necessary to have the skin take the colour

At your microblading appointment, be prepared to lay still for an extended period of time. Wear comfy clothing, and arrive wearing no makeup.

AFTERCARE

Each skin type will respond differently when healing. The time it takes for your brows to heal, the number of sessions you may need, and colour retention are all affected by the condition of your skin and whether you adhere to your aftercare instructions.

Your new microbladed brows **may not last as long** if you have very oily skin, very sensitive or reactive skin, acne-prone skin, thick/coarse brow hair, or a skin condition such as eczema, psoriasis, rosacea, or melasma. Smoking may also cause microblading to fade very quickly.

Microblading heals **best on dry skin types**. The aftercare routine provided will mimic consistently dry skin in order to optimize the healing process.

Please avoid when healing:

- brow makeup for the first 2 weeks
- sunscreen on brows for the first 2 weeks
- botox for first 2 weeks
- swimming pools, hot tubs, jacuzzis, lakes for first 2 weeks
- scratching/removing scabs, as this can cause scarring or loss of colour
- water on your brows
- the use of cleansers, soaps, or heavy creams
- the use of Vaseline/Neosporin/Polysporin
- activities that cause sweating for the first 10 days, as this can cause the strokes to heal blurry and fine detail is lost
- sleeping on your face for the first 10 days
- UV exposure, including tanning beds for 4 weeks
- laser light therapy
- facials, massages, and chemical treatments for 4 weeks
- long, hot showers and steam
- bleaching, tinting, or dyeing your brows for 1 month
- applying anti-acne products while healing
- threading, waxing, and hair removal during healing

About 6-8 weeks after your first microblading procedure, you should book a touch-up appointment. The touch-up is crucial as a final step in defining, adding depth, and really perfecting the appearance of your new brows.

CONFIDENTIAL MEDICAL PROFILE
AND
CONSENT AGREEMENT FOR MICROBLADING PROCEDURE

Please read the following pages front and back, and sign where indicated by "X"

NAME: _____ PHONE: _____

STREET ADDRESS: _____ CITY: _____ PROV: _____

POSTAL CODE: _____ EMAIL: _____

EMERGENCY CONTACT:

NAME: _____ PHONE: _____

TO AVOID UNFORSEEN COMPLICATIONS, PLEASE ANSWER THE FOLLOWING:

YES / NO Are you over the age of 18? If no: Legal guardian signature _____

YES / NO Have you had any aspirin or blood thinning products in the last 7 days?

YES / NO Have you had any mood-altering medications/drugs in the last 8 hours?

YES / NO Are you prone to Keloid scars?

YES / NO Are you sensitive to latex?

YES / NO Have you had any previous problems with tattoos?

YES / NO Do you have any problems with healing?

YES / NO Have you had a history of anemia?

YES / NO Are you undergoing radiation or chemotherapy?

YES / NO Are you currently using Retin-A Hydroxy skin care products?

YES / NO Have you had any permanent makeup procedures before?

If so, list the date of the most recent: _____

YES / NO Any history of skin diseases or remarkable skin sensitivity?

YES / NO Are you nursing or pregnant?

YES / NO Have you had any facial augmentation (Botox, collagen, etc.)? How long ago? _____

YES / NO Do you have any allergies? (List below)

YES / NO Any medical conditions? If yes, please list with a brief description including medications:

I agree that all the above information is true and accurate to the best of my knowledge.

X _____

I, X _____, acknowledge by signing below, that I have been given the full opportunity to ask any and all questions which I might have about obtaining the microblading procedure(s) from Ashley Rubis. I also acknowledge that all of my questions have been answered below to my full and total satisfaction. I specifically acknowledge that I have been advised of the fact and matters set below, and I agree as follows.

DISCLOSURE & RELEASE FOR MICROBLADING PROCEDURE

Please read the following pages front and back, and sign where indicated by "X"

I understand the following completely (initial each statement):

X _____ Technicians make no attempt to, or claim to, practice medicine. If you are healthy and there are no visible reasons for restricting you from receiving a tattoo, you must approve of the procedure before the application of your permanent makeup.

X _____ Retin A, Renova, Alpha Hydroxy and Glycolic Acids must not be used on the treated areas. They will alter the color.

X _____ Sun, tanning beds, pools, some skin care products and medications can affect my permanent makeup.

X _____ I will inform all skin care professionals or medical personnel about my permanent makeup procedures.

X _____ I understand that if I have any skin treatments, injectables like Botox or filler, laser hair removal, plastic surgery or other skin altering procedures, it may result in adverse changes to my microblading procedure. I acknowledge some of these potential adverse changes may not be correctable.

X _____ I accept the responsibility for explaining to you my desire for specific colors, shape, and position for any procedure done today. I understand that some skin types accept pigment more readily and no guarantee on exact color can be given.

X _____ Implanted pigment color can slightly change or fade over time due to circumstances beyond your control and I will need to maintain the color with future applications and a touch up session within 8 weeks.

X _____ I acknowledge that the proposed procedure(s) involve risks inherent in the procedure and have possibilities of complications during and/or following the procedures such as: infection, misplaced pigment, poor color retention and hyper-pigmentation.

X _____ Microblading can last 6-18 months depending on how my skin reacts to the procedure. I understand this is a semi-permanent makeup procedure that may take numerous follow-ups and touch ups to get desired result. I further understand that the fee includes my first visit and one touch-up visit within 8 weeks of the first appointment.

X _____ There is no warranty or guarantee made to me as a result of this procedure and the final result cannot be guaranteed. There are no refunds for this procedure, as results will vary and individual results are not guaranteed.

X _____ I accept the responsibility for determining the color, shape and position of the microblading procedure as agreed during pre-drawing on day of procedure. I understand that this is a guideline for the shape and size of my brow design and it may vary slightly once the procedure is done.

X _____ There is a possibility of bleeding, swelling, redness, allergic reactions to pigments, discomfort and pain during this procedure.

X _____ Microblading, though semi-permanent, may last permanently and may not fade.

X _____ Final result cannot be determined until brows are completely healed at 6 weeks.

X _____ Microblading is not a replacement for a "makeup" look and some clients may still feel the need to fill in their brows.

X _____ I have received aftercare instructions and will follow them to ensure results of my procedure are satisfactory.

X _____ I am NOT under the influence of drugs and/or alcohol or any other mind-altering substance.

X _____ I agree to follow all pre-procedure and aftercare instructions as provided and explained to me by the technician. Failure to do so may jeopardize my chances for a successful procedure. I can confirm that I have received a copy of aftercare details.

X _____

Date _____

INSTRUMENTS & SAFETY

-I understand that all instruments that enter the skin or come in contact with body fluids are disposable and disposed of after use. Cross contamination guidelines are strictly adhered to.

-I agree to comply with the studio protocols in place for the safety of staff and other clients in the building due to COVID-19. I acknowledge that even though these safety measures are in place, there is no guarantee that transmission of COVID-19 can be completely avoided due to factors that may not yet be known.

- If an unforeseen condition arises in the course of the procedure, I authorize my artist to use her professional judgment to decide what she feels is necessary under the given circumstances.

-I fully understand and accept that non- toxic pigments are used during the procedure. Even once the color fades, pigment itself may stay in the skin indefinitely.

- The procedure can be affected by the following: medication, skin characteristics (dry, oily, sun-damaged thick or thin skin type), personal pH balance of your skin, alcohol intake and smoking, skin products used prior.

X_____

POSSIBLE RISKS OR COMPLICATIONS:

- **Anesthesia:** Topical anesthetics are used to numb the area to be tattooed. Lidocaine, Prilocaine, Benzocaine, Tetracaine and Epinephrine in a cream or gel form are typically used

- **Pain/Numbness:** There is a possibility of pain or discomfort even after the topical anesthetic has been used. Each individual is different according to skin type. Some clients report the area to be completely numb, while others may experience some discomfort.

- **Allergic reaction:** Can occur from any anesthetics used during the procedure. If you do suffer from an allergic reaction, you should contact your doctor immediately.

- **Infection:** Although rare, there is a risk of infection. The areas treated must be kept clean and only freshly cleaned hands should touch the areas. See "Aftercare" for instructions.

- **Redness/Swelling:** As a result of the treatment, combined with the use of the anesthetic, you may experience some redness/swelling that can last 1-4 days.

- **Asymmetry:** Every effort will be made to avoid asymmetry; however, our faces are not symmetrical and adjustments may be needed during the follow up session to correct any unevenness.

- **Uneven Pigmentation:** This can result from poor healing, infection, bleeding or many other causes. Your follow up appointment will likely correct any uneven appearance.

The following medical conditions require a note from your doctor giving consent:

Diabetes (Type 1 and 2), high blood pressure, cancer, auto-immune disease, thyroid/Graves' disease, any other medical condition that causes slow healing or a high risk of infection.

The alternative to these possibilities is to use cosmetics and not undergo the microblading procedure.

I have been informed of the nature, risks, and possible complications and consequences of permanent skin pigmentation. I understand the permanent skin pigmentation procedure carries with it known and unknown complications and consequences associated with this type of cosmetic procedure, including but not limited to: infection, scarring, inconsistent color, and spreading, fanning or fading of pigments. I understand the actual color of the pigment may be modified slightly, due to the tone and color of my skin. I fully understand this is a tattoo process and therefore not an exact science but an art. I have had the opportunity to ask questions and all of my questions have been answered. I acknowledge that I have reviewed and approved the material given to me and I authorize **Ashley Rubis**, as my microblading artist to perform on my body the microblading procedure desired today.

I request the skin pigmentation procedure(s) and accept the permanence of this procedure, the use of the anesthetic, as well as the possible complications and consequences of the said procedure.

X_____

Date_____

CLIENT PHOTO RELEASE

I hereby consent to, and authorize the use by Ashley Rubis of the specified microblading photographs and/or video; that is, photographs taken before, during and after my microblading procedure. I understand that my identity will be protected and neither my full face nor my name will be used in conjunction with the photographs and/or video. I understand that all the photos and/or videos will be clinically appropriate and tastefully presented. I have agreed on the photographs that Ashley Rubis requests to be used and it is understood that these photos may be used on Ashley Rubis’ website, social media accounts (Facebook, Instagram), and in-office for demonstrational and promotional purposes. I understand that I am not entitled to compensation for these photos being used. Should I desire to revoke permission for their use in the future, I understand that I must notify Ashley Rubis in writing and allow 30 days to accomplish this removal. I now release Ashley Rubis all personal rights and objections I have or may have to the above described uses of my photographs and/or videos. I have entered into this release freely or voluntarily, and agree to be bound thereby.

X _____

RELEASE OF ALL CLAIMS

Ashley Rubis shall perform permanent application of dyes to the skin of the releaser. Whereas releaser has been informed as to the methods and procedures concerning the result of such treatments, a patch test will also be performed prior to the procedure, if requested by the client, to detect any signs of allergies. I hereby release, acquit, and discharge Ashley Rubis and any and all persons which are or might be claimed to be liable to me from all claims and demands or whatever nature, actions or causes of action, damages, loss of service, cost, expenses and compensation on account or in any way growing out of personal injuries and property damage as a result at any time in the future, whether or not they are in contemplation of parties at the present time and whether or not they arise following the execution of the release as the result of treatment procedure rendered. Releaser agrees to indemnify the hold harmless of Ashley Rubis for any loss, damage, claim, injury, or expense asserted against myself.

I have read and understand the release agreement _____ X (client)

MICROBLADING FEES & POLICIES

- The cost of the microblading procedure is \$450 – includes the initial session and touch up 6-8 weeks later
- A \$100 deposit fee is required to schedule your microblading, but will be subtracted from your final total. This is **non-refundable** as we are reserving a large time slot especially for you.
- If you need to reschedule your microblading appointment for any reason, you may keep your deposit on the appointment if we are given 3 business days’ notice.
- Scheduled appointments for the touch up procedure require 48 hours notice for cancellation or rescheduling! The touch up service is included in the original price ONLY when performed within 8 weeks after the initial session. Outside 8 weeks, or if appointments are missed, an additional charge will be incurred.

X _____

TECHNICIAN

I have personally reviewed all of the above information with my client or my client’s representative.

Technician Signature

Date